

IDENTIFYING CORE VALUES

These values apply to work and personal life. This is not an exhaustive list—you're welcome to add your own.

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|---------------|-------------------|---------------------|--------------|
| Acceptance | Excellence | Justice | Sharing |
| Achievement | Excitement | Kindness | Solitude |
| Adventure | Expertise | Knowledge | Spirituality |
| Affection | Fame | Leadership | Success |
| Altruism | Fairness | Loyalty | Support |
| Ambition | Faith | Making a Difference | Team Work |
| Appreciation | Family | Meaningful Work | Time |
| Arts | Flexibility | Mindfulness | Tolerance |
| Authenticity | Focus | Nature | Togetherness |
| Authority | Forgiveness | Nurturing | Tradition |
| Autonomy | Freedom | Order | Travel |
| Balance | Friendship | Passion | Trust |
| Beauty | Fun | Peace | Truth |
| Belonging | Goals | Personal Growth | Unity |
| Caring | Gratitude | Perseverance | Variety |
| Celebration | Growth | Personal | Zest |
| Challenge | Happiness | Development | |
| Choice | Health | Pleasure | |
| Collaboration | Helping Others | Positive Attitude | |
| Commitment | High Expectations | Pride | |
| Community | Honesty | Productivity | |
| Communication | Hope | Recognition | |
| Compassion | Humility | Reflection | |
| Connection | Humor | Religion | |
| Contribution | Imagination | Respect | |
| Cooperation | Independence | Responsibility | |
| Creativity | Influence | Results | |
| Democracy | Initiative | Risk Taking | |
| Effectiveness | Integrity | Romance | |
| Efficiency | Intuition | Self Expression | |
| Equality | Interdependence | Self-Respect | |
| Equity | Joy | Service | |



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